Lesson Study Steps at a Glance



Teachers agree on a schedule, norms and work processes.

- ☐ Form a Team
- □ Decide on Facilitation
- ☐ Agree on a Schedule
- ☐ Adopt an Agenda
- ☐ Build and Practice Norms (10-15 min.)
- ☐ Agree on Roles and Expectations (10 min.)



A team of teachers studies the area of instruction they want to improve.

- ☐ Access the Teaching-Learning Plan (10-20 min.)
- ☐ Develop a Research Theme (10-30 min.)
- ☐ Choose a Topic (5-15 min.)
- ☐ Study Standards, Research, and Curriculum Materials (90-240 min.)

Total: 115-305 min



The team uses insights from the Study phase to plan a research lesson.

- ☐ Take Stock (5-20 min.)
- ☐ Examine the Unit Plan (20-90 min.)
- ☐ Identify and Examine the Research Lesson (30-50 min.)
- ☐ Design the Flow of Instruction (40 min.)
- ☐ Focus the Data Collection (10-15 min.)
- ☐ Teach a Mock-Up Lesson (60 min.)
- ☐ Finalize the Teaching-Learning Plan (20-40 min.)

Total: 185-315 min.



One teacher teaches the team's lesson in the classroom, with team members carefully observing students.

- ☐ Conduct Pre-Lesson Discussion (45 min.)
- ☐ Teach and Observe the Lesson (90 min.)



Teachers meet after the lesson to share data and observations and deepen their learning.

- ☐ Review Data (15-20 min.)
- ☐ Conduct the Post-Lesson Discussion (45-60 min.)
- ☐ Final Commentary (15-30 min.)
- ☐ Consolidate Your Learning (60 min.)

Total: 135-170 min.